

## Confidential Carpal Tunnel Victim Report!

*Here's The FREE REPORT You Requested!*

# "KEEP Reading This FREE Report To Discover What Many Doctors Don't Know About Carpal Tunnel Syndrome. Find Out The Truth About Your Wrist Pain And How To Get Rid Of It Once And For All... Without Drugs Or Surgery!"

*Inside This Insider's Report, You'll Learn...*

- ✓ What Many Doctors Don't Know About Carpal Tunnel Syndrome Can Hurt You!
- ✓ The Hidden Spot Most Doctors Fail To Check As The Cause Of Your Pain!
- ✓ Why Taking Pills And Wearing Wrist Splints Probably Isn't A Good Idea If You Want To Get Rid Of Carpal Tunnel Syndrome Once And For All!
- ✓ Why Only Going To Your Family Or Company Doctor Can Lead To Years Of Misery And Frustration.
- ✓ Why Carpal Tunnel Surgery Has Such A High Failure Rate.
- ✓ How To Naturally And Safely Get Rid Of YOUR WRIST PAIN NOW!

*And Much More!*

Dear Carpal Tunnel Sufferer,

First of all, congratulations on reading this FREE report! You're going to discover how to avoid years of misery and frustration...the same misery and frustration millions of Americans suffer every day because they don't have this seldom discussed information right in front of them like you do right now!

Carpal Tunnel Syndrome is a sneaky, potentially disabling epidemic that is sweeping America as we speak. Many of your family, friends, and co-workers will experience the same numbness and tingling you do because of a number of factors including misinformation and

inappropriate care. That's why this report was written...so keep reading to find out what many doctors don't know about Carpal Tunnel Syndrome...the truth WILL shock you!

**Before We Begin, Whatever You Do,  
Don't Talk Or Speak To ANYONE About YOUR  
Wrist Pain Until YOU Finish Reading This FREE Report!**

Reading this FREE report may be one of the most important things you've read this year. Why? Because finally, a wrist pain authority is breaking his silence and revealing the shocking truth about carpal tunnel syndrome that most doctors don't know! The information in this report is vital if you want to avoid years of increasing pain, misery, and frustration. So please read this report from beginning to end. It may end up saving your life as you know it right now!

You see, what's so dangerous about carpal tunnel syndrome is that it's not an injury like a broken bone or a cut or scrap. Carpal Tunnel Syndrome comes on slowly. You don't notice it at first, or maybe you just brush off the pain thinking it's nothing, and then it slowly builds and builds. You start feeling numbness and tingling. It gets harder to type. You become more irritable. You start taking pills to get through the day.

And then one day you realize you just aren't the same person you used to be. And that's when you go to your family doctor to get checked out.

If you were to go to your family or company doctor complaining about numbness, tingling, even sharp pains, you'll probably hear something along the lines of..."You probably have carpal tunnel syndrome. Here are some pain relievers and wrist splints. Come back if that doesn't take care of it."

This is a blaring alarm that your doctor may not be the person to talk to. You see, most doctors do great with general medicine. If you have an ear infection or the flu, medical science can do wonders at times! But when it comes to a condition like carpal tunnel syndrome, many doctors just don't have the training or experience to properly diagnose the true cause of your problem and get you out of pain for good.

**THAT'S RIGHT! MOST DOCTORS DON'T KNOW  
HOW TO TREAT WRIST PAIN AND CARPAL TUNNEL SYNDROME!**

Wrist pain, weakness, and numbness is a tricky condition. You see, your wrist pain can have a number of causes and some of those causes aren't even in your wrist at all! Because many doctors don't know where these places are, they assume that since your PAIN is in your wrist, the problem is solely in your wrist and focus on that.

Every day, thousands of wrist pain and carpal tunnel victims make the mistake of going to their family doctor because they don't know the information you're about to read. Going to your family doctor may result in your wrist pain becoming more severe, and worse yet, you may never get out of pain, or you may receive unnecessary surgery. Don't put yourself at risk for misery, suffering, and the decreased income from missing time from work.

## **Here's The Dark Secrets About Pain Relievers, Cortisone Shots, And Wrist Splints...**

The main problem with the kind of treatments many doctors give for conditions like carpal tunnel syndrome is that they never go after the root of the problem, but focus on the *symptoms*, in your case; numbness, tingling, and other irritating pains. And when these treatments wear off (which they do), you'll often find they only cover up your pain for a short time and did nothing to fix what's causing your pain in the first place.

See, pain relievers like Motrin, aspirin, and Tylenol will never *cure* your wrist pain or Carpal Tunnel Syndrome! What they do is disable a chemical in your body that tells your brain you're in pain (cortisone shots work almost in the same way). It's like wearing earplugs to avoid a sound. While this may be okay once in a while, using these pain relievers can only make your condition worse in the long run in two ways:

**1. Pain, as we all know, is your body's way of telling you you're hurt. And because you feel pain you stop doing things that can worsen your injury and make you hurt more. For instance, if you sprained your ankle and didn't know it, then you'd keep walking on it till it fell off or something horrible happened. So, your body tells your brain you're in pain so you know to keep off it for a couple days.**

If you are taking pills so you can get through a day of work, then you are probably making your problem worse because you've sabotaged your body's only means of keeping you healthy. Obviously, this form of treatment is not a permanent fix because no matter how many pills you take, you'll never get better!

**2. The other reason taking these pills is dangerous has to do with the side effects these drugs can have on your body. You see, the chemical they disable does more than just report pain to your brain, and depending on what pill you're taking, you can leave yourself open to liver failure, kidney damage, and even gastrointestinal hemorrhage.**

Trust me on this, these 'side effects' are 100 TIMES WORSE than the wrist pain you're taking these pills for in the first place!

Wearing wrist splints may seem harmless enough, but you're only supposed to wear them when you're in pain because using them as a crutch will only lead to the formation of scar tissue in your wrist. And that will only make your condition worse!

**So, if your doctor is treating you by covering up your pain...**

## **YOUR Doctor's Treatment Is Most Likely Making Your Problem Worse!**

Since none of the treatments your doctor may be giving you are meant to actually correct the true cause of your problem, logic says your condition will only get worse. You'll be wearing your wrist splint longer and longer, and your pills will have to get stronger and stronger. If you're like most of the people I've talked to who have suffered from carpal tunnel syndrome for a long time, your life has probably become less than it should be.

OK, so you've done the pills and splints. What's next? Typically, physical therapy.

The problem here is the physical therapists only follow the directions given by your doctor. And, if your doctor hasn't figured out what the true cause is, then the physical therapists continue working on the wrist, which oftentimes, is NOT what caused the problem in the first place!

## **After Unsuccessful Physical Therapy, Doctors Usually Consider Surgery**

Now, surgery is a pretty extreme step. And how effective can a surgery be if no one knows where your REAL problem is? It's like trying to cure ankle pain by operating on your arm. Is it any wonder why so many carpal tunnel surgeries fail to get rid of your pain?

And then surgery also carries other risks like anesthesia and infection. You're also going to miss time at work, and maybe you'll lose some mobility. And even after rehab, there's still the risk that it will all wear off or that you may have some residual pain your doctor will tell you to learn to deal with.

Don't get me wrong, in certain circumstances surgery IS the only option, but more often than not, there IS a better solution!

## **The #1 Reason Why Most Carpal Tunnel Treatments FAIL!**

Fortunately for you, if your doctor's treatments fail, it doesn't mean you're incurable...it just means they were looking in the wrong place! Part of the problem is the majority of doctors out there tend to get so sidetracked with focusing on the wrist that they overlook something so incredibly obvious, and it tends to shock carpal tunnel syndrome sufferers!

You see, in order for pain to travel to your brain, it has to find a pathway. In essence, it needs a road to get there just like you need to take a road to get to your job in the morning.

In your body, this road is called your nervous system. And...

### **The weird thing about nerves is if you interfere with the nervous system anywhere along its 'road', it can make you feel pain in other places...like your wrist and hands!**

So, if all this attention your doctor has given your wrist doesn't seem to pan out, it may be because there's nothing wrong with your wrist at all! In fact, you can be a normal, healthy adult with a perfectly normal wrist and still feel the pains commonly associated with carpal tunnel syndrome!

That's right, you may be suffering from pain right now in your wrist and...

## **YOU May Not Even Have Carpal Tunnel Syndrome!**

I know this may come as a shock to you, but imagine this: If the REAL cause of your wrist pain were to be found to be treatable and permanently eliminated...then yes, your pain, weakness, tingling, and numbness would go away as well.

Imagine how your life will change. You won't have to take those pills anymore, and you can stop wearing those ugly wrist splints!

I invite you to relax, close your eyes, and picture in your mind a day without your bothersome wrist pain; a day where you could do whatever you want and not worry about your hands and wrists.

Can you picture that image in your head? What favorite activity are you doing? How healthy and happy do you look? Who are you spending this time with?

Isn't a moment like this what life is all about?

How would you like to make that fantasy into your reality? How would you like to, once and for all, get rid of your wrist pain and all that goes with it? No more reduced life, no more irritation, no more limitations...just a happy, enjoyable, pain and worry-free life.

Hello. My name is Dr. Matt Costantino, Clinic Director of The Center for Hand and Wrist Pain Relief here in Hermosa Beach, CA.

**I've spent years helping wrist pain AND carpal tunnel syndrome sufferers not only discover the truth about their wrist pain, but also getting them out of pain quickly, easily, and naturally without any drugs or surgery!**

That's why I put together this valuable, FREE report. Frankly, I got sick and tired of seeing people just like you walking around with bandages and splints on their wrists going through a lifetime of pain and misery because no one ever bothered to reveal to them the truth about their condition!

In fact, since I've been helping people just like you get out of pain, I've focused a majority of my practice and skills at helping wrist pain and carpal tunnel victims get rid of their pain!

There is really nothing more pleasing than helping people just like you finally become pain-free and living life on their own terms once again!

That's why I mailed you this FREE report. I want you to know the truth about carpal tunnel syndrome almost everyone out there doesn't seem to want you to know. Because I know that chances are great that I can eliminate or, at least, greatly reduce your wrist pain, weakness, tingling, or numbness!

**If you're suffering from constant, bothersome wrist pain, or maybe you just started feeling a slight numbness and tingling that you don't want to get worse, then there is hope for you to get rid of your pain once and for all!**

In fact, I've helped design a quick and easy Carpal Tunnel Evaluation that can determine where all your wrist pain is REALLY coming from. In fact, doctors all over the country are now using this method to help carpal tunnel syndrome sufferers from all walks of life.

But, I have to warn you...It's in your best interest to get your pain evaluated right now because later on, if you procrastinate on this, your condition might deteriorate to the point where I can't help you.

## **My FREE Digital Infrared Imaging (DII) Test And Carpal Tunnel Evaluation Is The Best Way To Find Out What's REALLY Causing Your Wrist And Hand Problems!**

If you are currently suffering from wrist or hand pain, numbness, tingling or weakness, don't procrastinate, just call the office, come on in, and we will check it out for you for free, using painless technology called Computerized Infrared Testing.

The Carpal Tunnel/Wrist/Hand Evaluation is a series of a few quick and painless tests that help determine:

1. What is the true cause of your problem?
2. Is surgery in your future?
3. Is there any non-surgical way of eliminating the problem quickly and easily?

The test is quick, easy and, most importantly, painless! (It takes about three minutes and doesn't require you to undress or anything like that.)

This machine, the DII, is so good at what it does, it's technology is used by NASA and the military!

In fact, one of the ONLY reasons I have this device in my practice is to check carpal tunnel sufferers and determine the real cause of your pain.

When the test is done, YOU WILL BE MAILED A COMPUTER PRINT-OUT THAT SHOWS A PICTURE OF WHERE YOUR PROBLEMS ARE LOCATED BY THE NEXT DAY!

What's important is that you take a moment now to schedule your carpal tunnel evaluation and DII test because, as I said before, for your sake, the sooner the better.

If your problem worsens, it may be more difficult to evaluate, take longer to fix, and may need surgery. So get this test soon.

If time is a problem, we can schedule you at a time convenient for you. (When was the last time a doctor told you this?) How can we do this? Again, the test itself is quick (and painless), so we can most likely fit you in our schedule soon.

I hope you've benefited from discovering the truth about Carpal Tunnel Syndrome that, believe it or not, most doctors aren't even aware of. So get this free second opinion before it's too late!

Congratulations on taking responsibility for your own welfare!

Dr. Matt Costantino

**P.S.** - Of course, if you have any questions, give us a call. We'll answer any questions you have about your condition or concerns, and then you can decide if you want your problem looked at.

**P.P.S. One Last Thing - It's Really Important** - Please remember... I can not possibly accept everyone on my program. I could easily get swamped very quickly. If that happens, I will have to stop the offer and start a waiting list. I did not write this report to get rich. I have a very busy practice already. No. I wrote this report because I honestly want to make a difference for so many CTS sufferers in the world. And I'm always amazed at how quickly and easily someone's life can **completely turn around.** Now with this report, I can get the message out to many more people. It's exciting. **So don't delay!** If you want to find out if you qualify for this amazing program... call right now.

**P.P.P.S** The decision you make right now by either picking up the phone and scheduling your free evaluation or throwing out this report may have a drastic effect on the rest of your life. It may be the difference between enjoying the rest of your life and doing all the things you want to do and suffering on the sidelines, watching everyone else do the things you wish you could do. This decision is as serious as a heart attack and I hope you make it wisely.

**P.P.P.P.S.** This Consultation, Evaluation and DII will take about 60 minutes...an hour. There will be 8,760 hours in the next year. You will spend those hours many ways. How many of those hours will be spent watching T.V.? Worrying? Sleeping? Doing "nothing?" Wasted? I promise you will not "miss" this one measly hour from your hectic schedule. After your CII and evaluation your life will only be one hour shorter, but thousands and thousands of hours "better."

**P.S. #5** What's the worst thing that can happen to you if you come in and get your FREE evaluation and DII scan?

Infection? Paralysis? Death? - No, these are all side effects to surgery.

**Center For Hand And Wrist Pain Relief 1100A PCH. Hermosa Beach, CA 90254 310-798-3227**

How about Stomach ulcers? Gastrointestinal bleeding? Death from Kidney failure? Death from liver failure? - No, these are side effects to COMMON pain pills!

None of those things will happen to you if you come in for your free evaluation and DII. At worst you will find out I can't help you and you will leave in the same condition you came in. At best, we will find that I CAN help you and you'll get a natural, drug-free, possible solution to your CTS.

Is this an opportunity you can afford to pass up?

Call **310-798-3227** to schedule your FREE CTS qualification evaluation and computerized infrared scan.